

NEW class Stretch FLEX

A stretch, mobility & strength class for young dancers with bands, balls and fun props!



Class Schedule

2024-25

Classes start: Aug. 12, 2024

Spring Concert: May 24, 2025

Tennessee Theatre

Monday

| Studio A | JR | Studio B | JR | Studio C | JR | Warehouse | JR |
|--------------------------|-----|--------------------------|-----|----------------------------|-----|------------------------|-----|
| 3:00-3:30 Ballet Age 3 A | 0.1 | | | | | | |
| 3:30-4:30 Ballet I A | 1.1 | 3:45-4:30 Ballet Age 5 A | 0.6 | 3:30-4:30 Ballet Age 6,7 A | 0.9 | | |
| 4:30-5:30 Ballet II A | 2.1 | 4:30-5:30 Tap I | 1.3 | 4:30-5:15 Tap Age 6,7 | 010 | 4:15-5:30 Ballet IV | 4.1 |
| 5:30-6:30 Modern II A | 2.2 | 5:30-6:30 Ballet Age 7 | 015 | 5:15-6:30 Ballet V | 5.1 | 5:30-6:45 Jazz I | 4.3 |
| 6:30-8:00 Ballet Adv | 9.1 | 6:30-8:00 Jazz Int 2 | 8.3 | 6:45-8:00 Jazz II | 5.4 | 6:45-8:00 Ballet Int 1 | 7.1 |
| 8:00-9:30 Modern Adv | 9.2 | 8:00-9:30 Ballet Int 2 | 8.1 | | | 8:00-9:15 Jazz Int 1 | 7.3 |

Tuesday

| Studio A | JR | Studio B | JR | Studio C | JR | Warehouse | JR |
|--------------------------|-----|--------------------------|-----|----------------------------|-----|--------------------------|---------|
| 3:00-3:30 Ballet Age 3 B | 0.2 | | | | | | |
| 3:30-4:15 Ballet Age 4 A | 0.3 | 3:30-4:15 Ballet Age 5 B | 0.7 | | | | |
| 4:15-5:15 Ballet II B | 2.4 | 4:15-5:15 Modern Age 7,8 | 016 | 4:00-5:00 Ballet Age 6,7 B | 011 | 4:00-5:15 Ballet III | 3.1 |
| 5:15-6:15 Modern II B | 2.5 | 5:15-6:15 Ballet I B | 1.2 | 5:15-6:15 Tap V | 5.5 | 5:15-6:30 Modern III | 3.2 |
| 6:15-7:45 Ballet VI | 6.1 | 6:15-7:45 Ballet Adv | 9.1 | 6:15-7:30 Ballet V | 5.1 | 6:30-7:45 Horton Int 1/2 | 7.5 |
| 7:45-9:00 Modern VI A | 6.3 | 7:45-9:00 Horton Adv | 9.4 | 7:45-9:00 Modern VI B | 6.4 | 7:45-9:15 Ballet Int 1/2 | 7.1/8.1 |

Wednesday

| Studio A | JR | Studio B | JR | Studio C | JR | Warehouse | JR |
|--------------------------|-----|--------------------------|-----|----------------------------|-----|--------------------------------|-----|
| 3:30-4:15 Ballet Age 4 B | 0.4 | 3:45-4:45 Modern Age 6,7 | 014 | 3:45-4:45 Modern I B | 1.5 | | |
| 4:15-5:30 Modern IV | 4.2 | 4:45-5:30 Tap Age 6,7,8 | 012 | 4:45-5:30 Ballet Age 5 C | 0.8 | 4:15-5:30 Tap Int 2/Adv | 8.4 |
| 5:30-6:45 Ballet IV | 4.1 | 5:30-6:30 Modern I A | 1.4 | 5:30-6:30 Ballet Age 6,7 C | 013 | 5:30-6:45 Tap VI | 6.6 |
| | | 6:30-7:30 Tap Int 1 | 7.4 | | | 6:45-8:00 Ballet VI, Pointe II | 6.2 |

Thursday

| Studio A | JR | Studio B | JR | Studio C | JR | Warehouse | JR |
|--------------------------|-----|------------------------|-----|-----------------------|-----|------------------------------|-----|
| 3:15-4:00 Ballet Age 4 C | 0.5 | | | | | | |
| 4:00-5:00 Ballet II B | 2.4 | 4:00-5:00 Tap III | 3.3 | 4:00-5:00 Ballet II A | 2.1 | 4:15-5:30 Modern V | 5.3 |
| 5:00-6:00 Ballet III | 3.1 | 5:00-6:00 Tap II | 2.3 | 5:00-6:15 Ballet VI | 6.1 | 5:30-6:30 Ballet V, Pointe I | 5.2 |
| 6:00-7:30 Ballet Adv | 9.1 | 6:00-7:30 Modern Int 2 | 8.2 | 6:15-7:30 Jazz III | 6.5 | 6:30-7:45 Ballet Int 1 | 7.1 |
| 7:30-9:00 Jazz Adv | 9.3 | 7:30-9:00 Ballet Int 2 | 8.1 | | | 7:45-9:00 Modern Int 1 | 7.2 |

Friday

| Studio A | JR | Studio B | JR |
|---------------------------------|-----|--------------------------------|-----|
| 4:00-4:45 StretchFlex Ages 8-11 | 1.6 | 4:00-4:45 StretchFlex Ages 12+ | 4.5 |
| | | 4:45-5:45 Tap IV | 4.4 |

CONTACT US!

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